



PERSONAL HISTORY FORM, page 1 of 2

****Please complete both sides****

Patient Name _____

Referred by _____ Family doctor _____

(first & last name)

(first & last name)

Date of Birth _____ Height _____ Wt. _____ Right Left handed (circle one)

Medical problem I'm seeing a Neurologist / Sleep specialist for: _____

Who else has evaluated you for this condition: _____

When: _____ **Where:** _____

Is this Work Related? _____ **YES** _____ **NO**

Your Past Medical History (check those that apply): ___A-fib ___ Anemia ___Anxiety (onset at age____) ___ Arthritis
___ Asthma (allergy or exercise induced) ___Cancer (type_____) ___COPD ___Coronary Artery Disease
___Depression (onset at age____) ___Diabetes (onset at age____) ___Emphysema ___Headaches (onset at age____)
___ Heart attack (date_____) Hepatitis ___Yes ___No (A, B, C) ___High Blood Pressure (onset at age____)
___High Cholesterol (onset at age____) ___HIV/AIDS ___Yes ___No ___ Hernia ___Migraines (onset at age____)
___Pacemaker (date_____) ___Reflux ___Seizures (onset at age____) ___ Sleep apnea (CPAP / BIPAP circle one)
___Stroke (date_____) ___Thyroid Disease ___Ulcer pressure____ DME Co._____
___Head Trauma (due to, explain) _____

Other Medical problems: _____

Surgeries: (list all) _____

Hospitalizations or ER visits: _____

(past (1) year; location/facility)

Review of Systems: (circle those that apply to YOU):

1. CONSTITUTIONAL: fevers loss of appetite night sweats weight loss weight gain
2. EYES: blurry vision loss of vision double vision redness eye pain
3. EAR, NOSE, THROAT: snoring hearing loss-right/left ringing in the ears earache sinus trouble
4. CARDIOVASCULAR: palpitations chest pain fainting legs swelling unable to lie flat
5. RESPIRATORY: cough shortness of breath
6. GASTROINTESTINAL: indigestion nausea vomiting
7. GENITAL / URINARY: frequent urination incontinence bedwetting nighttime urination urgency
8. NEUROLOGIC: sleepiness tremors headaches dizziness numbness
9. PSYCHIATRIC: restless sleep depression anxiety forgetfulness loss of consciousness
10. ALLERGY: hay fever sinus headaches hives
11. ENDOCRINE: irregular menses fatigue hot/cold intolerance
12. MUSCULOSKELETAL: neck pain back pain leg pain joint pain osteoporosis osteopenia
13. HEMATOLOGIC: easy bleeding blood clots deep vein thrombosis pulmonary embolus blood transfusion
14. SLEEP: restless legs choking at night leg cramps insomnia

PERSONAL HISTORY FORM, page 2 of 2

Please complete both sides

Have you had any of the following tests in the past 5 yrs? (check those that apply)

CT___ EEG___ EMG/NCT___ LABS___ MRI___ SLEEP STUDY___

Social History: (check those that apply)

Race: ___Caucasian ___African-American ___Asian ___Hispanic ___American Indian/Alaskan Native
___ Native Hawaiian or Pacific Islander ___Other: _____

Preferred Language if other than English _____

Occupation: _____ Retired ___Unemployed ___Disabled ___Student ___Homemaker

If disabled, why _____

Marital Status: ___Single ___Married ___ Significant Other ___Widowed ___Divorced ___Separated

I live with: ___Alone ___Spouse ___Significant Other ___Children ___Parents ___Other _____

I live at: ___My own home/apt ___Group home ___Senior Apartment ___Assisted Living ___Nursing home

Tobacco: ___No ___Yes ___Cigarettes/Cigars ___packs per day ___Smokeless Date Quit _____

Alcohol: ___No ___Yes ___drinks per week Date Quit _____

Caffeinated Beverages: ___No ___Yes ___cups per day

Recreational Drugs: ___No ___Yes What kinds and how often? _____

Exercise: ___No ___Yes Type and how often? _____

Living Will: ___No ___Yes Full Resuscitation Do Not Resuscitate No Vent Gen Med Care

Family History: Do any of your immediate family members suffer from: (check those that apply)

Immediate family members include parents, grandparents or siblings.

___Alcoholism ___Alzheimer's ___Attention Deficit ___Cancer (type) _____

___Dementia ___Diabetes ___Heart Disease ___High Blood Pressure ___High Cholesterol

___Huntington's ___Migraine ___Multiple Sclerosis ___Muscle Weakness ___Narcolepsy

___Parkinson's ___Restless Legs ___Seizures ___Sleep Apnea ___Stroke

Adopted ___No ___Yes ___Thyroid Disease

Mother: Living Date of Birth _____ Deceased Age _____ Unknown

Father: Living Date of Birth _____ Deceased Age _____ Unknown

Medication allergies: _____ None: _____

Pharmacies used name and where: _____

Medications: (list both prescription & over the counter) _____ List attached

Table with 2 columns: Medication name / strength / directions. Multiple empty rows for listing medications.